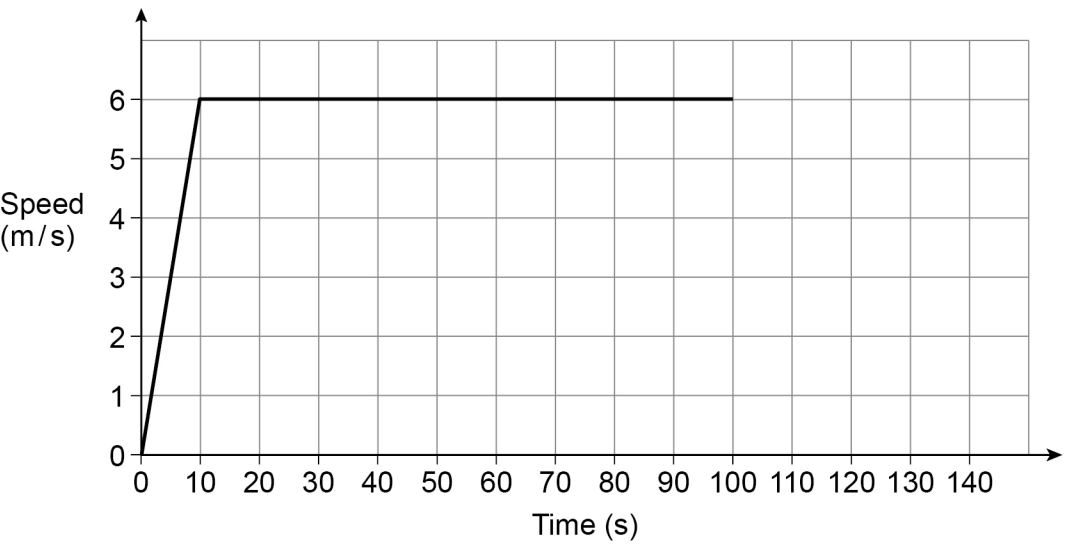


1 Helena ran an 800-metre race in 140 seconds.
 The speed-time graph represents the first 100 seconds of her run.



Helena ran the last 40 seconds with constant deceleration.

Work out her speed as she finished the race.

[4 marks]

Answer _____ metres per second